

PROGRAMME

1200 – 1300 Registration & Lunch

1300 – 1310 WELCOME & OPENING ADDRESS

Welcome and Opening Address

Dr Soma Subramanian

President, Society of Otolaryngology – Head & Neck Surgery Singapore

Dr Paul Mok, Chairman

Chapter of Otorhinolaryngologists, College of Surgeon, Academy of Medicine

1310 – 1445 SESSION 1: SLEEP MEDICINE ESSENTIALS

Chairperson Dr Terry Tan

1310 – 1325 Sleep Disorders: Not Always OSA
Dr Ruth Chang, Woodlands Health1325 – 1340 Dental Perspectives in Treatment of OSA
Dr Tan Kian Meng, Specialist Dental Group1340 – 1355 Myofunctional Therapy: Do it With Me
Mr Lee Heng Lun, Sengkang General Hospital1355 – 1410 My OSA Treatment Philosophy
Dr Han Hong Juan, The ENT, Voice & Snoring Clinic

1410 – 1420 Questions & Answers

1420 – 1500 Coffee & Tea Break / Trade Exhibition

1500 – 1600 SESSION 2: ADVANCES IN SLEEP SURGERY

Chairperson A/Prof Toh Song Tar

1500 – 1515 Update in DISE diagnostics
Dr Crystal Cheong, National University Hospital1515 – 1530 HGNS: Local Updates
Dr Shaun Loh, Singapore General Hospital1530 – 1545 Role for Tongue Base Surgery: Current Evidence and Applications
Dr Chong Khai Beng, Tan Tock Seng Hospital1545 – 1600 Panel Discussion
A/Prof Toh Song Tar, Dr Shaun Loh, Dr Chong Khai Beng, Dr Terry Tan & Dr Crystal Cheong

1600 – 1700	RESIDENTS' RESEARCH FORUM
1600 – 1610	The Efficacy and Safety of High-intensity Focused Ultrasound on Benign Thyroid Nodules: A Systematic-review and Meta-Analysis from 1990 to 2021 Dr Clarissa Cheong, KK Women's and Children's Hospital
1610 – 1620	Difficult Round Window Access during Cochlear Implantation - A Simple Prediction Method Utilising Preoperative CT Imaging Mr Sia Jun Wei, National University of Singapore
1620 – 1630	Refining the Management of Bethesda III Thyroid Nodules by Combining Nuclear Atypia with Sonographic Risk Stratification Dr Caroline Lee, National Healthcare Group
1630 – 1640	Sparing Level V in Clinically Node-positive Tongue Squamous Cell Carcinomas – Is It Oncologically Safe? Dr Tammy Lim, National Healthcare Group
1640 – 1650	Should Mild Obstructive Sleep Apnea (OSA) be Treated?- A Systematic Review Dr Fong Pei Yuan, Changi General Hospital
1650 – 1700	Residents' Research Forum Award Prize Presentation
1700	End of ASM